

HOW TO COMPLETE SYMPTOM ASSESSMENT ONLINE

CHECK EMAIL

You will receive an email from Club Reduce with your login information after the seminar. The email will have your Username and Password and also the website information of where to log into.

GO TO THE WEBSITE

Click or type in the doctors Club Reduce website from your email. Once there, in at the top right you will see LOGIN. Click that. Then proceed to put in your Username and Password given to you in the email.

FIND ASSESSMENT TAB

Once you are logged in, click on either the yellow box that says 'Take Your Symptom Assessment' or click on the left tab that says 'Assessment'.

FILL OUT ASSESSMENT

Click Begin Symptom Assessment. It will ask you to enter in your Birthday and Gender before starting the Assessment. Then click Continue. Fill out the entire Assessment and don't forget to click SUBMIT at the bottom of the form.

That's it! Your Club Reduce office will receive your Assessment information and they will be able to print out your results.

USERNAME:

PASSWORD:

WEBSITE:
